



# Prevention

## The Key to Avoiding Pitfalls in Teen Health

A free educational presentation about teen health and wellness

Join Paige Hertweck, M.D., of Kosair Children's Gynecology Specialists, for a free program about teen health. This presentation is appropriate for parents, guardians and teens in grades 6 through 12. Refreshments will be provided, and attendees will have a chance to win an iPod! RSVP by calling (502) **629-1234**.

### Topics include:

- HPV vaccine: Not just for girls ... Get the 411
- Eating disorders: How to recognize the signs
- Who is at risk for substance abuse?
- Are your teens texting when they should be sleeping?

**Thursday, Jan. 26, 2012**

**6:30 to 8 p.m.**

**Iroquois High School Auditorium**

4615 Taylor Blvd. • Louisville, Ky.

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