

SUGGESTED SAFE SNACKS

Fruits and Vegetables:

All fresh vegetables

All fresh fruit

Fruit cups

Raisins

Applesauce

Dairy/Cheese

String Cheese

Cheese Slices

Hunt's Snack Pudding Cups

Gogurts

Jello cups

Crackers, Pretzels, Chips

Club Crackers

Wheat Thins

Saltine Crackers

Nabisco Teddy Grahams

Rold Gold, Herrs, and Utz Pretzels (**Snyder Brand not safe**)

Nabisco Barnum's Animal Crackers (**Stauffer Brand not safe**)

Keebler Scooby Doo Graham Crackers

Quakers Rice Cakes

Sun Chips

Ritz Crackers (mini Ritz bits not safe)

Kraft Cheese Nips
Pepperidge Farm Goldfish
Keebler Wheatables
Chez-it Crackers
Nabisco Graham Crackers

Cereals

Fruit Loops
Apple Jacks
Cherrios(Original, Frosted, Fruity)
Lucky Charms
Life-Regular and Cinnamon
Trix
Kix
Birthday or special occasion treats
Nabisco Chips Ahoy Cookies
Nabisco Oreo Cookies-regular, double stuff (not all types of Oreos are safe)
Hostess Donuts
Nabisco Fudge Stripe Cookies
Entenmanns Little Bites Chocolate Chip Muffins or Brownie Bites
Nilla Wafers
Rice Krispy Treats
Entenmanns Donut Holes
If you choose to bake: Pillsbury and Betty Crocker mixes and icings are safe. Hersey Kisses or Kissables can be substituted for sprinkles.

Some items that you might not realize are NOT safe:

Dunkin Donut Munchkins

Synder Pretzels

Stauffer Animal Crackers

Mini Ritz Bits

Brach's Fruit Snacks

Chex Mix

Duncan Hines Cake Mix

Drakes Cakes-Devil Dogs, Yodels, Ring Dings, Coffee Cakes, Fruit Pies

Candy Corn

Keebler Chips Deluxe Cookies

3 Musketeers

Milky Ways

Kit Kat

Most Bakery Items